



**Lesson #3**

**September 17, 2014**

**Objective: Interacting With Others**

**Name:**

**Advisory Teacher:**

1. Do you think interacting with others is an important life skill?
2. Why is it important to interact with others? Especially with people not in your "normal" group of friends/family.
3. Name an instance in which you had to interact with others (at school, at work, at extracurricular activities)
4. Name a time you felt included.
5. Name a time you felt excluded.
6. How could that scenario be changed to reflect inclusion? What could you or others have done differently?
7. How can we make sure that we are including others? (in class, at events, at lunch, after school, online)

Teachers: To extend this lesson, feel free to choose one of the following icebreaker activities to act out with your class—OR choose your own!!

### **Desert Island**

Announce, 'You've been exiled to a deserted island for a year. In addition to the essentials, you may take one piece of music, one book and one luxury item you can carry with you i.e. not a boat to leave the island! What would you take and why? Allow a few minutes for the young people to draw up their list of three items, before sharing their choices with the rest of the group. As with most icebreakers and relationship building activities, it's good for the group leaders to join in too!

### **Would you rather..?**

Questions may range from silly trivia to more serious content. On the way you might find out some interesting things about your young people! Place a line of tape down the center of the room. Ask the group to straddle the tape. When asked 'Would you rather?' they have to jump to the left or right as indicated by the leader. Don't forget to encourage your adult helpers to join in too! I've included a few starter questions, just add your own and let the fun begin.

Would you rather..?

- Visit the doctor or the dentist?
- Eat broccoli or carrots?
- Watch TV or listen to music?
- Own a lizard or a snake?
- Have a beach holiday or a mountain holiday?
- Be an apple or a banana?
- Be invisible or be able to read minds?
- Be hairy all over or completely bald?
- Be the most popular or the smartest person you know
- Make headlines for saving somebody's life or winning a Nobel Prize?
- Go without television or fast food for the rest of your life?
- Always be cold or always be hot?
- Not hear or not see?

Source:

[http://insight.typepad.co.uk/40\\_icebreakers\\_for\\_small\\_groups.pdf](http://insight.typepad.co.uk/40_icebreakers_for_small_groups.pdf)