



Return to School - Guidelines for Parents

Date: _____ Student Name: _____

Individuals with COVID-19 can experience a wide range of signs and symptoms that may vary from very mild to severe. Symptoms may appear **2-14 days after exposure to the virus**. Students experiencing any COVID-19 symptom (listed below) during the school day must be excluded from school.

Your child has exhibited or complained of the following symptom(s):

- | | |
|-------------------------------------------------------------|-------------------------------------------------------------------|
| <input type="checkbox"/> Fever (100.0 or greater) or chills | <input type="checkbox"/> Cough |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Sore Throat |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Difficulty breathing/shortness of breath |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Muscle or body aches |
| <input type="checkbox"/> Fatigue | |
| <input type="checkbox"/> New loss of taste/smell | |

According to CDC Guidance:

Your child will need to stay home for:

- At least 24 hours after fever, vomiting, and diarrhea has resolved (without fever-reducing medication)
- All other symptoms have improved
- It has been at least 5 days since the onset of symptoms

Students may return in fewer than 5 days after meeting one of these conditions:

- With verified medical documentation of alternate diagnosis as a reason for symptoms
OR
- With documentation of negative COVID-19 test (home tests accepted)
 - Pictures of home tests can be emailed to the school nurse including name, date of birth, and date and time of test in Sharpie on the test.